



## First Aid At Work Refresher

### COURSE AIMS

The Health and Safety Executive (HSE) certify this course. The aim of the course is to update the existing First Aiders knowledge of First aid in the workplace and to give the employer a certificated First Aider to comply with the regulations and the approved code of practice (ACOP). To help increase staff self-motivation and confidence.

### CONTENT

The content of the course is geared towards those working in all businesses at all levels. The course is of a highly practical nature with some theoretical input.

### COURSE BOOKS

All course material are provided by W & N Training Ltd

### ENTRY REQUIREMENT

Current First Aid at Work Certificate

On approval of the employer

All candidates must attend 100% of the course to attend the assessment

### DURATION

This course runs for 2 days per week over 1 week, starting from 9.30am and ending at 5pm. We are flexible and can adapt the course timetable according to your requirements

### ASSESSMENT

The students are assessed on the basis of their performance in a 20-minute practical examination, and a 20-minute theory examination.

### OBJECTIVE

Successful completion of the course and examination will enable candidates to:

- Identify potentially hazardous situations
- Quickly and efficiently alert the emergency services
- Provide First Aid to work colleagues
- Ensure First Aid equipment is up to date and correct
- Act as the qualified First Aider in the workplace

## QUALIFICATION

First Aid at Work Refresher certificate. Valid for 3 years

## FEE

**Please see the website or call office for latest prices**

## SYLLABUS

**The Course syllabus consists of:**

- assess the situation in an emergency;
- administer first aid to a casualty who is unconscious (including seizure);
- administer cardiopulmonary resuscitation;
- administer first aid to a casualty who is wounded and bleeding;
- administer first aid to a casualty who is suffering from shock.

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